



Dunedin Methodist Parish

Finding Good in everyone Finding God in everyone

www.dunedinmethodist.org.nz

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PARISH BULLETIN

14th JULY 2013

WORSHIP FOR SUNDAY 21st JULY 2013

9.30am	Mornington	H Watson White
9.30 am	Mosgiel	S Pole
11.00 am	Glenaven	H Watson White
11.00 am	Wesley	S Pole
1.00pm	St Kilda	TBA
4.00pm	Broad Bay	S Pole

OTAGO SOUTHLAND SYNOD MEETING 19-20 JULY 2013

Just an advance notice to remind you that the next Synod meeting will be on Friday evening 19th and Saturday 20th July 2013 at the Methodist Mission offices, corner of Middleton Road and Lockerbie Street, Corstorphine, Dunedin. Paper copies of the documents for discussion will be posted out shortly.

Could you please come to the Synod meeting having discussed in your Parishes/congregations about what the church's 10 year vision statement of "Let the Children Live" means to you. We will be spending time on discussing this and other activities around this statement during the meeting. Regards, Jenny Winter, Synod Secretary.

OPEN EDUCATION

The story of Elizabeth Fry is the story of a remarkable woman, a Quaker with a Methodist spirit, who worked tirelessly for prison and asylum reform as well as for the homeless of her time. Come along and hear about this extraordinary and inspiring life, from Judith Cowley. Mornington Methodist Church, Wednesday 17th July, 7.30pm. A koha of \$5, and any profits will go to the Mission for their work in the prison at Milburn.

A pre-session meal will be offered by our top of the kitchens cook, Judy Russell. Don't miss out; sign in at Mornington or ring Judy to book your place at the table (455 3727).

MORNINGTON METHODIST WOMEN'S FELLOWSHIP

The July meeting will take place on 24 July at 2.00pm in the Church Lounge. At 2.30pm our guest speaker will be Lawrie Forbes. Lawrie has recently bought the Athenaeum building for restoration and will speak to us about his work with Heritage Buildings and earthquake strengthening. This is a topic of great interest to the Dunedin Parish at the moment because of current interest into our own buildings. Everyone is welcome, either at 2.00pm or 2.30pm.

STATISTIC FORMS

Thank you to all those who are responsible to fill in the Statistic Forms for each Congregation in the Parish. Please once you completed the form, send it to: Hilda Hughson, 10 Corstorphine Rd, Corstorphine.

HAPPY BIRTHDAY

To the following children celebrating a Birthday:

- Blaire & Nathan Hannah will be 13 on the 15th July
- Mackenzie Pitts will be 13 on the 15th July



NOT QUITE part of the furniture at Mornington on Sunday mornings, THE JONES FAMILY regularly occupy the front seats and are an inspiration for any preacher facing them from the pulpit. How much do we know about our busy families, who make such a difference to our Church life? As space permits we'll feature some of these families.

The youngest is LACHLAN. He's Year 7 at Balmacewen Intermediate, loves school, plays hockey & soccer in winter and touch rugby in summer. His favourite occupation is a computer game called Minecraft.

Then there's SAMUEL, Year 9 at Otago Boys High. He's a very promising young cricketer who can bat and bowl, and has already won Otago representation at his level. Enjoys touch rugby too. Has heaps of homework, and likes to find time for Music & Reading.

Eldest is AMY, Year 11 at St Hilda's Collegiate. She's doing NCEA, and so has loads of homework. Amy's a dancer, and practises ballet five nights a week. Also helps teach ballet. As if that is not enough she still finds time for reading, Duke of Edinburgh, and friendships.

Busy kids often belong with busy parents. RACHEL teaches Maths at St Hilda's, and loves nothing more than igniting the spark in her student. She's a passionate person, a born organiser, the taxi driver for a mobile family, and head gardener at home - where the garden is a priority. Time is of the essence for Rachel, and when she can she indulges her hobbies of embroidery and cross-stitch.

Finally there's GREG, a cardio-vascular researcher with the DHB who works at Dunedin Hospital. He does the heavy stuff in a busy garden - under direction - plays masters grade touch rugby, bikes and tramps with the family. A very big pleasure is a family holiday at Naseby.

We can easily overlook how much organisation and commitment goes into getting a family like this to Church and [Y@M](#) on time - where at a moment's notice they'll light the candle. We salute the Jones family.

See picture on next page



STORY FROM THE MISSION

At the Arahina after school programme a volunteer shows up religiously three afternoons to help out with the children and as part of the recognition of volunteers during volunteer week, a group of children at Arahina wrote this volunteer a letter of thanks – see below.

Lison is our friendly
 volunteer at Arahina after school programme.
 we like her because she always helps us when
 we need it. She always gets us heaps
 of food and cooks with us.
 She is most kind hearted person and she
 is never angry. even when we lick
 our fingers when we are cooking!
 She is our nice helpful volater. She is number #1!!



Oh no! Ken is great at listening and giving us opportunities – but do I really want this one? “So you want to be a journalist Blaire? How about writing one of the Connections article in the bulletin, that would be good for your writing”.

What are the Connections articles, and what on earth could I write about? I feel nervous and scared. I need some help and something to write about.

“Build a dream, then the dream will build you” was one of the inspiring quotes that grabbed my attention that day.

Early in Term 2, I was selected to attend a NYLD (National Young Leaders Day) conference. It was held at the Regent Theatre and people from all over Otago and Southland – places like Invercargill and Queenstown – came just to attend the one day course. This was my second time attending NYLD and I was anxious for the exciting day to begin.

The theme of the event was to get young people to start thinking about being leaders/heroes in their schools, communities and homes and to help develop student leadership by being both inspirational and practical. Since 2001 over 90,000 students throughout New Zealand have taken part to learn more about leadership. Objectives of the NYLD include empowerment, positivity, inspiration, connection, motivation and education. It’s a fun way to focus on your own potential while laughing so hard and just having an excellent time on the way.

Speakers such as Allison Shanks, Cam Calkoen, Gemma Knight (from What Now) and Christian Gallen (a Super-motivational speaker) came to share and provide useful advice for the restless young leaders like me. Advice and inspiration like being positive - ‘positivity’, about attitude –

have a 'can do attitude', and something really cool about being a hero – that heroic leadership feats are at everybody's grasp. 'You don't have to be super to be a hero'. ' You don't have to be famous to be great' . Could that be me I wondered?

As the day progressed, each speaker, each piece of advice and inspiration were fitting together for me like a puzzle. Gemma had us ask ourselves 'what am I doing today that will be missed tomorrow'? That's one of the things that stayed with me. Trying to do the right thing, thinking about the effects of what I do. Realising that it won't all be good, but sucking it up if it's not, and enjoying it when things go well.

There were so many laughs, lots of jokes, but through the humour the message was the same. After listening to Christian Gallen we all felt really positive about ourselves – no surprise he belongs to a 'positivity group' that travels around and speaks, especially to Intermediate school pupils.

I learnt that from the four types of leaders that were spoken about, I am an active leader. I get involved, I do what I'm asked, I don't sit back and watch it all happen, I can't watch bad things unfold and not get involved. I learned how to be a better 'active' leader, and to watch for the pitfalls of being too loud or shouty, it's not about drawing attention to yourself. I took note of advice to take it down a notch and be a little more low key. It's about being an active leader in a responsible way, not being bossy or making people annoyed.

Cam Calkoen was a speaker with a cerebral palsy. He spoke about how people had kept telling him he couldn't do things because he was different, and that he wasn't allowed to do things because of the way he was. He said he decided not to believe that and tried what he wanted to do and eventually succeeded. He told of how terrified he was of public speaking – and after some real disasters – is now an inspirational public speaker. He said 'do something you are afraid of everyday'.

Well today I have. Afraid of writing this article, out of my comfort zone of fiction writing. I'm thinking about being a journalist, maybe I will be, I really love writing.

Blaire Hanna
Mornington Y@M

Develop Your Compassion

Nothing helps us build our perspective more than developing compassion for others. Compassion is a sympathetic feeling. It involves the willingness to put yourself in someone else's shoes, to take the focus off yourself and to imagine what it's like to be in someone else's predicament, and simultaneously, to feel love for that person. It's the recognition that other people's problems, their pain and frustrations, are every bit as real as our own – often far worse. In recognizing this fact and trying to offer some assistance, we open our own hearts and greatly enhance our sense of gratitude.

Compassion is something you can develop with practice. It involves two things: intention and action. Intention simply means you remember to open your heart to others; you expand what and who matters, from yourself to other people. Action is simply the “what you do about it.” You might donate a little money or time (or both) on a regular basis to a cause near to your heart. Or perhaps you'll offer a beautiful smile and genuine “hello” to the people you meet on the street. It's not so important what you do, just that you do something. As Mother Teresa reminds us, “We cannot do great things on this earth. We can only do small things with great love.”

Compassion develops your sense of gratitude by taking your attention off all the little things that most of us have learned to take too seriously. When you take time, often, to reflect on the miracle of life – the miracle that you are even able to read this book – the gift of sight, of love, and all the rest, it can help to remind you that many of the things that you think of as “big stuff” are really just “small stuff” that you are turning into big stuff.

By Richard Carlson, *Don't Sweat the Small Stuff...*

