

Dunedin Methodist Parish

Finding Good in everyone Finding God in everyone www.dunedinmethodist.org.nz

Presbyters:	Rev. Siosifa Pole	455 2923
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Rev. Dr. Rod Mitchell 477 3700

Parish Stewards: Mrs Hilda Hughson 487 6226

Mrs Earlene Owens 489 8146

Tongan Steward: Mr Kaufusi Pole 455 0096

Parish Office: Siosifa: parish@dmm.org.nz 466 4600

Katrina: admin@dmm.org.nz

Parish Prayer Convenor Elaine Merrett: elaineross@xtra.co.nz 489 7663

Pastoral Convenor Beryl Neutze 476 7447

Mornington:

PARISH BULLETIN

22nd January 2017

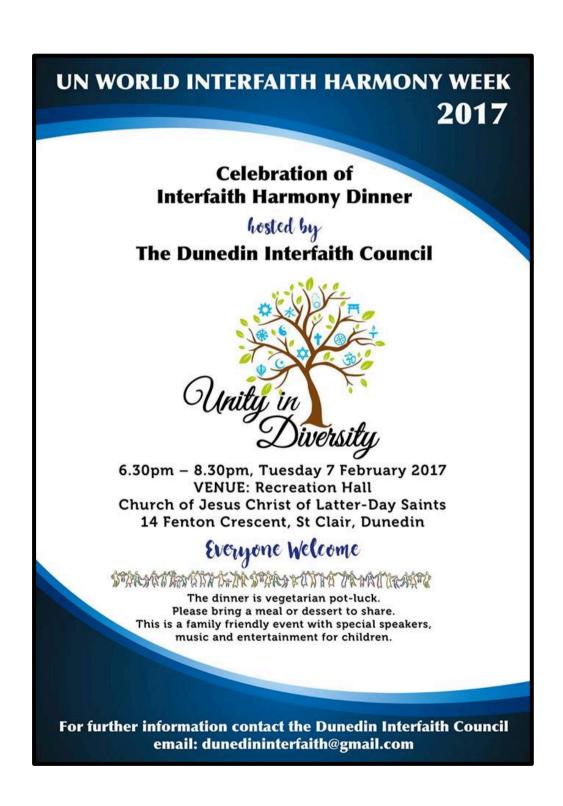
WORSHIP FOR SUNDAY 29 th January			
	Mornington	Combined at Glenaven	
	Mosgiel	Combined at Glenaven	
10.00 am	Glenaven	R Mitchell	
1.00 pm	St Kilda	TBA	

ANNUAL LEAVE - I will be away on Leave from the 10th to the 30th of January 2017. While I am away, Rod Mitchell will take care the administration of the Parish. Thanks, Siosifa Pole.

DUNEDIN COMBINED CHURCHES OUTREACH 2017

Ravi Zacharias will be speaking on *Truth, Whose Truth?* with a public Q&A to follow. The Forsyth Barr Stadium, Sunday 26th February, 7pm.

GLENAVEN will be hosting the Combined Parish Service next Sunday, 29 January, at 10am. The doors will be open by 9.30am and tea/coffee will be served after the service, not before. Please bring a plate of easy finger food to share for morning tea, and put it ready on the table, covered, when you arrive. We look forward to seeing you at 7 Chambers St, NEV on the 29th.



NATIVITY SCENE at Mosgiel Church.

PHOTOS FROM the celebration service at Wesley Church













STORY FROM THE MISSION

Incredible years programme: The members of the Incredible Years group have been working really well together.

During the group, they help each other by brainstorming ideas for strategies on how group members can cope with challenging situations with their children. We can think about what the parent might say or do in the situation and they can practice the words or actions in the safe environment of the group before trying them out with their children.

One parent was really worried about how to manage her son's protests when she leaves him at school. She was reassured by other parents telling her that this is quite common and that children settle quickly once their parents have gone, and she was given some ideas about preparing him for his day before getting to school. Then she practised how she could say goodbye in a matter-of-fact manner, tell her son when she would be back and calmly walk away. The following week, the parent reported that it had worked so well that by the end of the week, her son was running into school with hardly a backward glance!

We discussed the difference and Jenny asked her what she felt had changed. She said that thinking ahead about what to do, having a plan and following through with it were key elements for her. She had remained calm and felt in control, and she thought that had helped her son to feel more confident too. This brought out some of the key principles of the programme, as it showed everyone how we can analyse a problem and break it down to think about what to do, we can follow a plan that is based on simple ideas such as routines, reassurance and calm instructions and how the way that we react to our children influences what they do. It was just one example in which the whole group was able to see these principles working in a practical way.